

INSTRUCTIONS FOR USE OF

DERMISIL® S TOPICAL SCABIES TREATMENT

Always Patch Test an Area Before Starting Full Treatment Regiment

Daily: Wash normally in the bath tub.

Then Add 10 drops of **Dermisil® S Liquid** to very hot bath water, stirring it around into the water, in addition to direct topical treatment. Soak in the tub for 20-30 minutes. You may scrub the lesions. Scrubbing the lesions will aid in a faster recovery. Do not reuse wash cloths or if using other scrubbing aids, be sure to disinfect them with 90% rubbing alcohol before re-use.

Do not rinse off after your bath, pat, or air dry. Apply **Dermisil® S Liquid** to the most affected areas with a clean cotton ball after your bath and you are dry.

You may have drying of the skin area where the liquid is applied. This is normal and will subside after the treatment regiment is completed.

After the **Dermisil® S Liquid** has dried (a few minutes).

Then apply **Dermisil® S Topical Treatment** to the entire body from the bottoms of the feet to the top of your head (work through your hair to your scalp). Be careful around your face not to get it into your eyes or on your mouth. Focus on cracks in your hands, and between toes and anywhere there is a crease in your skin. You may apply between treatment period for hot spot areas of itching.

You may apply mildly to your genital area but never touch the mucous membranes. You will do this treatment a minimum of one time per day for the next 4 days. You will treat 4 days on, 4 days off, and 4 days on again. Some people prefer to treat the entire period to prevent reinfection between treatments. This is because eggs laid by the previous scabies will hatch and start another re-infestation. You may go longer if you feel that the mites are still present. Follow the hygiene regiment outlined VERY carefully. In rare cases, you may need to go through another treatment. Keep in mind that everything you come in contact with must be kept cleaned from the mites. This includes shoes, carpets, rugs, automobiles seats, any couches, beds, bedding, etc. Use a product such as BenzaRid to treat these areas. You will leave this treatment on until your next bathing routine (24hrs) including night time.

Keep in mind you may not be treating scabies mites, but bird or rat mites which may take much longer to treat. The treatment program is the same.

You may bathe again using the same routine as the day before outlined above.

You may want to use Aveeno oatmeal soap/liquid and Benadryl tablets to help with the itching and irritation. It is OK to use it along with the **Dermisil® S Liquid**.

The damage left behind from the mites will slowly dissipate over several week depending on the level of infestation.

AFTER the mites are dead, apply an antibiotic ointment to the affected area to speed healing of the skin. Pomegranate extract tablets with 40% ellagic acid available at local health food store have been known to help treat scabies internally along with your external treatment. The science behind it is unknown.

It is important to remember to wash ALL clothing including sheets, pillow case bedding, towels, wash cloths, comforters, personal clothes, shoes etc. in VERY HOT water that is at least 130 degrees. You will add ½ a teaspoon of Dermisil® S to your wash loads to kill the scabies mites in your laundry and clothes. You may want to spray a mite killer/antimicrobial like BezaRid over your couches, carpet, flooring, shoes, workplace, etc. We have also heard of people using Borax soap to wash floors with.

We do not recommend treating children younger than 5 years of age. If you choose at your own risk to use the topical treatment on children younger than 5 years of age, you can cut the topical treatment in ½ by adding ½ baby to ½ topical S cream. This will prolong the treatment but it is possible to do this. Always test a skin area before applying a full treatment.

The parasites cannot survive away from the body for more than 4-6 days, so contaminated clothing and bedding can be sanitized by thorough washing in hot water and storing for 1 or 2 weeks in a plastic bag. You can also store clothing in plastic bags for several weeks, and the mites will die from lack of a host.

HYGIENE IS THE SINGLE MOST IMPORTANT PART OF TREATMENT. WASH AND CLEAN ANYTHING THAT CAN BE INFECTED WITH THE MITE EVERY DAY. THIS WILL ENSURE THAT YOUR TOPICAL TREATMENT WILL BE EFFECTIVE AND YOU ARE NOT REINFECTIONING YOURSELF.

Note: **Dermisil® S Topical Treatment** contains sulfur compounds. The compounds may stain clothing, fabric, jewelry. Also wash clothing, bedding, etc together as sulfur has a tendency to migrate to the clothing it has been washed with. Wash clothes twice in cold water, then air dry or low heat dry if possible.

Active ingredients in DERMISIL® S Liquid are: cymbopogon citratus, melaleuca alternifolia, and jojoba plant extracts. Active ingredients in DERMISIL® S Topical Treatment are: 10% lactic sulfuris, jojoba, and melaleuca alternifolia extracts in a water soluble hypo-allergenic base.

NEVER apply Dermisil® S Liquid to children under 5 years of age or if you are pregnant or nursing. NEVER apply Dermisil® S Liquid to mucous membranes or to the eyes. NEVER ingest or drink Dermisil® S Liquid. If Dermisil® S is ingested immediately phone the Poison Control Center.